



[Spanish Titles](#) [1]

Compiled by Jesús Castañar and Javier Gárate.

[Nonviolence and Nonviolent Action in Historical Perspective](#) [2]

Castañar, Jesús, [Teoría e Historia de la Revolución Noviolenta](#) [3], Barcelona, Virus, 2012, pp. 327

This is a historical review of nonviolent ideas and movements from the first recorded strike in ancient Egypt to the 21st century. It connects the concepts of revolution and transformation in each era with the historical movements which often inspired them. There are chapters on Tolstoy, Gandhi and other theorists of nonviolent action, e.g. Bart de Ligt and Gene Sharp, as well as chapters on conscientious objection, nonviolent resistance to Hitler and opposition to other dictatorships round the world, but no detailed examples after the 1960s. Instead it focuses on different approaches to nonviolent action, from the 'pragmatic' approaches of Sharp and Ackerman to the principled commitment to nonviolence of Burrowes, Martin and Lakey.

da Rocha, Antonio Casado, [La Desobediencia Civil a partir de Thoreau](#) [4], San Sebastian, Gakao Lubruak, 2002, pp. 133

This essay updates Thoreau's thought in the light of later additions by academics and activists. Starting from Thoreau's own context, and using extracts from his classic text and other unpublished fragments available in Spanish, the author recreates Thoreau's thinking for today.

Equipo Plan Congruente de Paz y Nonviolencia, [Noviolencia. La transformacion creative del conflict social](#) [5], Medellín, Gobernación de Antioquia, 2004, pp. 168

This as an introductory book on nonviolence by various authors (Equipo Plan Congruente de Paz y Nonviolencia), centred on the classics: Thoreau, Gandhi and Luther King. It provides exercise sheets for students and develops the concept of 'kingian' nonviolence (following Martin Luther King's approach).

Ortega, Pere ; Pozo, Alejandro, [Noviolencia y Transformación social](#) [6], Barcelona, Icaria, 2005, pp. 131

This book is an introduction to some of the classic theories and movements of nonviolent action, based on the studies of Sharp and Ackerman, which have not yet been translated into Spanish. But it provides a personal interpretation derived from the principled approach to nonviolent action. A very good starting point for beginners in this subject.

Randle, Michael, [Resistencia Civil](#) [7], Barcelona, Paidós, 1998, pp. 262

Translation from English of 1994 study of the evolution of the concepts and practice of nonviolent action since the 18th century to 1991, the trends promoting its use, and its dynamics. The second part examines nonviolent civilian defence.

Translations: [English](#) [8]

Schell, Jonathan, [El mundo inconquistable. Poder, no violencia y voluntad popular](#) [9], Madrid, Galaxia Gutenberg, 2005, pp. 528



Translation from English of 2005 study exploring historical trends leading to greater role for nonviolence, Gandhi's innovative thought and the role of unarmed protest in some earlier revolutions. Then focuses in particular on the ideas of the resisters in Eastern Europe in the 1970s and 1980s and on the cooperative concept of power.

Translations: [English](#) [10]

[Civil Resistance in Practice](#) [11]

Delgado, Esperanza Hernández, [Resistencia civil artesana de paz: Experiencias indígenas, afrodescendientes y campesinas](#) [12], Bogotá, Editorial de la Universidad Javeriana, 2004, pp. 468

This is a key book about the Colombian peace communities and the civil resistance of indigenous peoples, Afro Americans and peasants in the context of a bloody civil war. It focuses in particular on the civil resistance of the Nasa people (Paez) in the Cauca department. This is not only the strongest movement (with their Indigenous Guard able to confront guerrillas, the army and paramilitaries), but also the one which has lasted longest and influenced the others. In addition there are studies of the Asociación Campesina Integral del Atrato (ACIA), Asociación de Trabajadores Campesinos de Carare (ATCC), Comunidad de Paz de San José de Apartadó and the Asamblea Municipal Constituyente de Tarso.

Forero, Eduardo Andrés Sa, [La Guardia Indígena Nasa y el Arte de la Resistencia Pacifica](#) [13], Ediciones Colección Étnica: Diálogos Interculturales, Fundación Hemera, 2008, pp. 143

This book combines an anthropological with a political approach, describing the origin, development and activities of the Indigenous Guard of the Nasa People of Cauca (Colombia) with testimonies from some of their leaders.

Ormazabal, Sabino, [500 ejemplos de no violencia. Otra forma de contar la historia](#) [14], Bilbao, Fundación Manu Robles-Arangiz, 2009

This book is a compendium of many examples of nonviolent action, mainly in the Basque country, but also from the rest of the world. The examples are presented individually, without a connecting link, so this is not a history, but a compendium of cases.

Schock, Kurt, [Insurrecciones no armadas](#) [15], Bogotá, Centro Editorial, Universidad del Rosario, 2008, pp. 305

Translation by Freddy Cante (who contributes a Foreword) of 2005 study which explores issues of strategy and dynamics in nonviolent campaigns seeking political transformation, and discusses reasons for success illustrated by campaigns in South Africa, the Philippines, Nepal and Thailand, and for failure in China 1989 and Burma 1988.

Translations: [English](#) [16]

Sharp, Gene, [De la dictadura a la democracia. Un sistema conceptual para la liberación](#) [17], Boston MA, Albert Einstein Institution, 2003, pp. 104

The first English edition of this widely influential booklet, which gives advice on planning and implementing nonviolent campaigns to those resisting repression, was published in 1993.

Translations: [English](#) [18] | [Italian](#) [19] | [French](#) [20]



[Nonviolent \(Civilian\) Defence](#) [21]

Arias, Gonzalo, [El proyecto político de la Noviolencia](#) [22], [1973], Madrid, Nueva Utopía, 1995, pp. 204

(First edition was printed illegally in 1973 during the Franco dictatorship.)

This is a compilation of texts on nonviolent alternatives to accepting unjust rule, starting from the classics, e.g. Thoreau, Tolstoy, Gandhi, Gregg and Ramamurti, and providing translations of important contemporary European authors, such as Muller, Ebert, Colbere or Frogner. The second appendix of the second edition offers a summary of the nonviolent movement in Spain up to 1995.

Colectivo Utopía Contagiosa, [Política Noviolenta y Lucha Social. Alternativa Noviolenta a la defensa militar](#) [23], Madrid, Ecologistas en Acción, 2012, pp. 302

This book summarizes the long term work of the two person collective Utopía Contagiosa on defense alternatives from an antimilitarist point of view. The model of military defense is challenged from a nonviolence- cooperation paradigm which conflicts with the hegemonic paradigm of domination and violence. The authors then propose transarmament, suggesting criteria, methodological orientations and a two-phase implementation, together with several proposals for sectorial transarmament for debate.

Martínez, Mario López, [Ni paz ni guerra, sino todo lo contrario. Ensayos sobre defensa y resistencia civil](#) [24], Granada, Ano-Lugar, 2012, pp. 134

Professor Lopez presents the concepts of civil defense, people power, civil resistance, nonviolent defense and peace building. Although the book is a compilation of articles, it has a structural connection, and the many references provide the reader with more than an introduction – a full map of sources to research the ideas presented.

Proyecto AUPA, [Defensa Popular Noviolenta](#) [25], Zaragoza, Ediciones Mambrú, 1989, pp. 40

This pamphlet was for a long time the only publication on the history of nonviolent movements, reviewing classical cases such as the resistance to the Kapp Putsch, the Salt March led by Gandhi and the Prague Spring among others.

[Civil Disobedience in Theory and Practice](#) [26]

Lastra, Antonio, [Desobediencia civil. Historia y antología de un concepto](#) [27], Madrid, Technos, 2012, pp. 308

Primarily a compilation of texts on civil disobedience from a philosophical perspective, using texts from George Anastaplo, G.E. Lessing, Ralph Waldo Emerson and Henry David Thoreau, plus chapter 6 from John Rawls's *Theory of Justice*. Tolstoy is represented by chapters 14 and 15 from his novel *War and Peace*, and there is an appendix with two short classic texts from Gandhi and Martin Luther King.

Lliso, Juan Carlos Dal, [La Objeción Fiscal a los gastos militares](#) [28], Madrid, Technos, 1996

Study of the Spanish tax resistance campaign against military expenditure, launched in the early 1980s and still continuing.

Pérez, José Antonio, [Manual Práctico para la Desobediencia Civil](#) [29], Pamplona, Amiela, 1994, pp. 254



This is a handbook explaining the scope of civil disobedience written in a readable, non-technical style. The first two chapters cover the origins and traditions of disobedience, followed by practical examples. Emphasis is given to tax resistance and conscientious objection to military service, with detailed explanations how to engage in both, plus examples of letters to send to the administration. There are also chapters on theoretical issues arising.

Tella, María Jose Falco, [La Desobediencia Civil](#) [30], Monografias Juridicas, Madrid/Barcelona, Macello Pons, 2000, pp. 570

A study of civil disobedience from a legal standpoint.

Turrión, Páblo Iglésias, [Desobedientes. De Chiapas a Madrid](#) [31], Madrid, Editorial Popular, 2011, pp. 260

This book was written in 2011 by the present leader of the radical party 'Podemos', just before he became a TV star. His aim is to explain the genealogy of the 15M movement, linking it with 'Juvenal sin Futuro' (Youth without a Future) and 'Democracia Real Ya' (True Democracy), and connecting these with the lessons learned in the anti-globalization movement at the beginning of the 21st century, and with the Italian 'Disobedienti'.

[Insumisión](#) [32]

Aguirre, Xavier ; Ajangiz, Rafael ; Ibarra, Pedro ; de Rozas, Rafael Sainz, [La insumisión, un singular ciclo histórico de desobediencia civil](#) [33], Madrid, Technos, 1998, pp. 171

Primarily an account of the movement of conscientious objection and 'insumision' in Spain, but including analysis and proposals. It was written by university teachers who joined the movement and assisted from inside. Published in the final stage of the movement, when the end of conscription was announced. but there were still objectors jailed in military prisons.

Beristain, Carlos M., [La insumisión encarcelada](#) [34], Barcelona, Virus, 1992, pp. 158

A compilation of the voices and experiences of seven objectors in prison, as well as of their relatives and supporting groups, in the context of the first years of the campaign of disobedience to military service in Spain. This book arose out of the need to train activists to face jail.

Domínguez, Rosario, [La Insumisión. Una forma de vida](#) [35], Madrid, La Malatesta Editorial, 2012, pp. 147

Tells the story of the *insumisos* from the point of view of one of the mothers. It begins with a summary of the historical process and then introduces a personal narrative of the experience of trials and jail, and the struggle of the conscientious objectors' mothers association. Includes press articles and pictures which illustrate each element of the story.

Ibarra, Pedro, [Objeción e insumisión, claves ideológicas y sociales](#) [36], Madrid, Fundamentos, 1992, pp. 319

This collective work analyzes the origins and early stages of conscientious objection and *insumision* in Spain, its ideological debates and evolution. It includes an analysis of the national and international political context, a chapter on alternative civilian service in the Federal Republic of Germany, and a guide to becoming an objector.

Movimiento de Objeción de Conciencia, [En Legítima Desobediencia](#) [37], Madrid, Proyecto Editorial Traficantes



de Sueños, 2002, pp. 348

This is the major compilation of declarations, press statements and articles by the protagonists of the *insumisión* campaign at the time of their disobedience. Therefore it includes accounts of various stages of movement, such as the formation of the first objectors' groups, and defiance of the Conscientious Objection Act, and the struggle inside the prison in Pamplona. There are also manifestoes, letters of support and internal documents which record these struggles and others that arose out of them: for example the gender issue raised by antimilitarist-feminist women, and the campaign against military expenditure involving tax refusal.

Oliver, Pedro, [La utopía insumisa de Pepe Beunza. Una objeción subversiva durante el franquismo](#) [38], Barcelona, Virus, 2002, pp. 174

A book about the beginning of the conscientious objection movement in Spain, which tells the story of Pepe Beunza, the first C.O. in Spain who embarked on disobedience under the Franco dictatorship. It is not only about Pepe's personal experience, but also an account of the supporting campaigns and of the next conscientious objectors and the creation of MOC, the C.O. movement that still exists.

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