



Sich verteidigen ohne anzugreifen - Der Macht der Gewaltfreiheit, Sicherheit under Frieden

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Many people dream about a world without hate violence and war, but they doubt such a world is possible. So finally, they cease to dream about it. Patfoort ch allenges such resignation with a book of hope, but also describes the system within which people are inhibited. Finally, he offers a model of equality in rank and nonviolence, where self-assertion without attacking others seems possible.

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