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## **This is an Uprising: How Nonviolent Revolt is Shaping the Twenty-First Century**

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Nation Books, New York, 2016, pp. 368

The book examines how contemporary movements are using strategic nonviolent action to promote social change, covering a range of protests including climate change, immigrant rights, gay rights, Occupy and Black Lives Matter. The authors argue that nonviolent uprisings are becoming more common than violent rebellion, and look back to twentieth century antecedents in the Indian Independence and US Civil Rights movements, examine the nature of effective strategy and discuss organizational discipline. Their analysis includes the Arab Spring, but notes its discouraging implications.

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