# **Nonviolent Resistance in Power Asymmetries**

revised and updated 2011

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In: Austin, Beatrix; Fischer, Martina; Giessmann, Hans J., <u>Berghof Handbook for Conflict Transformation</u> [2] [2004] Berlin, Berghof Research Centre for Constructive Conflict Management, , 2011, pp. 237-264

Summarises evolution of nonviolent resistance in theory and practice and explores its role in redressing structural asymmetry and as a prelude to reconciliation and peace building.

### **Abstract**

Explores the context and conditions in which nonviolent resistance can contribute to successful and sustainable conflict transformation processes. The author introduces the concept, aims and methods of nonviolent action and explores conceptual and empirical developments throughout the 20th and 21st centuries. She illustrates its potential and limits, both in transforming asymmetric power structures and in encouraging democratic practices, using the example of the Palestinian first intifada in the Israeli/Palestinian struggle. (updated and revised for 2011 print edition)

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